



Netball Tactic #1

PASS THE BALL AROUND ***DON'T*** FORCE IT THROUGH!!

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PLAYERS MUST HAVE PATIENCE AND KEEP POSSESSION OF THE BALL.

A player forcing the ball through to the goal circle, especially trying to push her way past good defense, will risk too many intercepts and the loss of possession.

The **key** is to work the ball around the circle area rather than take risks with misplaced lobs, bounce passes or passing attempts that you hope will force through.

Pass around and back to create an opening to your goal shooters.

Defensive players forming a solid box formation (GK + GD C + WD) will hold their positions and use their arms defensively to hold you back.

They are waiting for you to try to force the ball into the shooters. Any good defender will be on their toes ready to dart in any direction to shutdown any attacking move.

They will try to invite you to try to force the ball through their defence pattern. This is a common trap attackers fall into!

Club and league players will often try to take shortcuts with hasty passes in the **hope** that their player will take the ball. Always pass the ball around maintaining **player positioning**, something basketball players know very well.

In attack, you need to **break down/confuse** the defense not **ram** (force through) it.

★ You can **open up** a box formation defence simply by passing the ball around **forcing** the defence to break up.

Always bear in mind while on court, the prime key to success is **keeping possession** of the ball. Passing **indiscriminately** provides **opportunity** for the opposition to regain possession. You definitely do not want this to happen.



TACTICAL MANOEUVRE TIP:

The reason netball players are **hasty** in their passing is mainly because they feel **pressured** and think they do not have passing time left and will be called for holding the ball.

You have up to three seconds to pass, which is ample time providing your teammates are leading clearly and **presenting** for the ball.

If your teammates are well defended, there is no need to panic and throw the ball wildly but instead pass the ball **back** to your WD or GD. These players should always be ready near, not on, the transverse line to take a pass.

Be sure your WD and GD are always alert for the possibility of the backward pass, and again, I stress, don't have them right up on the transverse line. Going offside isn't the result you are hoping for.

Enjoy your netball...

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